



# Latin X-Plosion

**Join the Fun!**  
**Dance \* Feel Great**  
**Trim and Tone!**

**Dance your Heart out! Have FUN!**  
**& lose inches while you tone up!**

Taught by master dance instructor, Carlos Arias! Join the fun!

Register now for the next session:

**Saturday, 11:30-12:30pm meets 4/17-6/5**

Cost: Member \$79 Nonmember \$99

Can't make each week? Drop in as you can!  
No previous dance experience required:

**Join in any time!**

381 Rt. 23 Pompton Plains, NJ  
973-839-8823 [www.spa23.com](http://www.spa23.com)

The New  
**Spa 23**  
Health & Racquet Club