

NEW

CAMP SPA 23 LUNCH MENU

ORDERING

Lunches may be purchased for \$39 per week or \$8 per day. If you have pre-purchased your child's weekly lunches, email me with your child's selections by Wednesday evening the week prior and we will be sure to have your child's lunches delivered fresh at lunch time! If you are ordering on an occasional basis, email me the day before or notify your camp counselor 1st thing in the morning.

BREADS

Wheat, white, wrap, or roll

MAIN SELECTION

Turkey, ham, tuna salad, peanut butter and jelly, grilled chicken, or 2 hot dogs

TOPPINGS

Lettuce, American cheese, tomato

SALAD

Lettuce, tomato, red and green peppers, shredded cheese with choice of chicken, tuna, or ham, turkey and American cheese

Condiments

Mustard, ketchup, mayonnaise, dressings: Lite Italian, Lite Balsamic Vinaigrette, Lite Honey Mustard, or Lite Ranch

DRINKS

Gatorade (lemon lime, orange, or punch), bottled water, or Capri Sun (Berry Breeze, Strawberry Kiwi, or Orange)

DESSERTS PACKETS

Oreos, vanilla crème cookies, or chocolate chip cookies

****If we do not receive a custom menu from you , the following selections will be provided for your child for their lunches:**

Monday: Ham and cheese sandwich on white

Tuesday: 2 hot dogs

Wednesday: Grilled chicken wrap w/lettuce, tomato and Italian dressing

Thursday: Turkey and cheese on white

Friday: Tuna wrap w/ lettuce and tomato

Thank you,

Pat Rigoliosi, pat@spa23.com