







March 2010

Academy of Martial Arts

Any day school is cancelled,
 delayed opening or early dismissal
 due to snowy weather,
 Please call Spa 23 to confirm that
 there will be classes at the
 Academy of Martial Arts.
 973-839-8823

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--------------------------------------|---|
| Kicks / Sparring Week | 1 | 2 Happy B-Day Chris Roetman | 3  | 4 | 5 | 6 |
| 7 Blocks Week | 8 | 9  | 10 | 11  | 12 Happy B-Day Amanda Servidio | 13 |
| 14 Kicks / Sparring Week | 15  | 16 | 17 St. Patrick's Day | 18 | 19 | 20 Happy B-Day John Brillo |
| 21 Forms & Review Week | 22 Happy B-Day Eric Heckelmann | 23 Happy B-Day Nick Sekela | 24 | 25 | 26 <u>Testing</u> 6:00PM | 27 |
| 28 <u>Kicks / Sparring</u> Happy B-Day Michael Rasa | 29 | 30  | 31 | | |  |

To contact Instructor Brian Collins: Brian@spa23.com / instructorbc@aol.com / 973.949.3243 / www.spa23.com