

# July 2010

# Academy of Martial Arts



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kicks / Sparring Week				1	2	3 **No Classes 4th of July Weekend**
4 Forms Week	5	6	7	8	9	10
11 Kicks Week	12	13	14	15 Happy B-Day Mounir C.	16	17
18 Blocks Week	19 Happy B-Day Michael SH.	20	21	22	23 Happy B-Day Andrew C & Spencer H.	24
25 Review Week	26 Happy B-Day Siddhartha J.	27 Happy B-Day George L.	28	29	30 <u>Testing 6:00pm</u> Happy B-Day Nick F.	31

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