

# EXOTIC POLE DANCE WORKSHOP



**A WHOLE NEW MEANING to GIRLS HAVING FUN!**

(Designed for the Real Everyday Woman)

As seen on Oprah, Access Hollywood & The View. Join us to see why this is the Hottest Fitness Craze sweeping the Nation. Fun meets fantasy in Exotic Pole Dance Workshops at *Spa 23*. Class consists of Chair Dance, Exotic Dance and Pole Dance Instruction. Participants should bring a pair of heels, preferable with ankle straps, and wear clothing that can expose upper thigh, upper arm and midriff. Please do not wear oils or lotions on the day of class.\* These classes are for women only. **CREATE FUN for a LIFETIME!**

**Cost: \$49 per workshop**

**Special Price for Spa 23 Members: \$39 per workshop**

Workshop: Saturday, April 10 3:00-4:30 pm

\*Space is Limited! Sign up early to reserve your spot!

*Spa 23*  
Health & Racquet Club

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