

Academy Of Martial Arts at Spa 23

Class Schedule effective March 1, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<u>Belts- in order</u>
4:15 Dragons W & All Stripes	4:15 Kids W & All Stripes	4:15 Dragons W & All Stripes	4:15 Kids Yellow - Blue	4:15 Dragons W & All Stripes	10:00AM Dragons W & All Stripes	W - White OS - Orange Stripe BS - Blue Stripe
5:00 Kids W & All Stripes	5:00 Kids Purple - Black	5:00 Kids Yellow - Blue	5:00 Kids W & All Stripes	5:00 - 5:45 Kids Yellow - Black	10:45AM Kids White - Yellow	RS - Red Stripe YS - Yellow Stripe Y - Yellow
5:45 Kids Yellow - Blue	5:45 Kids Yellow - Blue	5:45 Kids W & All Stripes	5:45 Kids Purple - Jr. Black	6:00 - 9:00 Special Event Events & Testing	11:30AM Kids Orange - Black	O - Orange G - Green B - Blue
6:30 Kids Purple - Black	6:30 - 7:30 Adults & Teens All Belts	6:30 Kids & Teens Purple - Black	6:30 Kids Yellow - Black		12:15 - 1:15 Adults & Teens All belts	P - Purple R - Red BR - Brown
7:30 - 8:30 Adults & Teens All Belts		7:30 - 8:30 Adults & Teens All Belts	7:30 - 8:30 Adults & Teens All Belts			Jr. Black "Str" - OS, BS RS & YS
						BLK - Black

Please wear full uniform to class