

Tumblin Classes

4 week mini session!



Tumblin Tots

Ages 2-3: Thursday 10:00-10:45am

Age 4-5: Thursday 10:45-11:30am

Meets 12/8, 12/15, 12/22 + 12/29

Tumblnastics

Taught by a gymnastics instructor with years of kid experience. This class uses equipment, music, movement, interactive games and singing to keep kids engaged and active, while teaching muscle memory, balance and coordination.

Mini Session meets once a week for 4 weeks.



Cost: Member \$39 Nonmember \$59

Drop in fee: member \$12

Nonmember \$15

Spa 23
Health & Racquet Club

381 Rt. 23 Pompton Plains, NJ

973-839-8823

www.Spa23.com