



Latin X-Plosion

Join the Fun!
Dance * Feel Great
Trim and Tone!

Dance your Heart out! Have FUN!
& lose inches while you tone up!

Taught by dance instructor, Ashley Spicer! Join the fun!
Register now for the next session:

Friday, 7:15-8:15pm
begins October 8th
Meets once a week for 6 weeks

Cost: Member \$59 Nonmember \$79
Can't make each week? Drop in as you can!
No previous dance experience required:
drop in fee: Member: \$12 Nonmember: \$15

Join in any time!

381 Rt. 23 Pompton Plains, NJ
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The New
Spa 23
Health & Racquet Club