

Winter Paid PROGRAMS for Kids & Teens!



Updated 12/13/2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00pm KidFit Boot Camp Grades 1-4	10:00am Dance & Movement Ages 2-4	4:00pm KidFit Boot Camp Grades 5-8	10:00am Tumblin Tots Ages 2-3	4:00pm Dance & Movement Ages 2-4	12:00pm KidFit Boot Camp Grades 1-4
4:15pm Junior Glide & Ride Grades 5-8	4:00pm Textercise Blog & Tweet your progress Grades 5-8		10:45am Tumblinastics Ages 4-5	5:00pm Dance & Movement Grades K-2	1:00pm KidFit Boot Camp Grades 5-8
<div style="border: 1px solid black; padding: 5px; background-color: #e6e6fa;"> <p style="text-align: center;">Upcoming Fun Nights For kids January 7 January 14 February 4 February 25</p> </div>				<div style="border: 1px solid black; padding: 5px; background-color: #e6e6fa;"> <p style="text-align: center;">Programs begin the week of January 15th Register now!</p> </div>	

Policies & Procedures

Sign up is on a first come, first serve basis. All programs are open to the public and discounted for members.

You may join most programs after their start date. Prorated class fees are based on the number of classes remaining at the drop in fee.

You may register in person at Spa 23's front desk (cash, check or charge) or register by mail and send to Spa 23 Attn: Program Director.

Programs require the completion of a medical health questionnaire.

You must check in at the front desk prior to each class.

No make ups unless Spa 23 reschedules class. However if you miss a class you make Take any other paid program during the same time frame as an alternate.

Courses may be cancelled due to insufficient registration. You will be notified.

On-site nursery available for a nominal fee.



381 Rt 23 Pompton Plains, NJ 07444
973-839-8823
www.Spa23.com