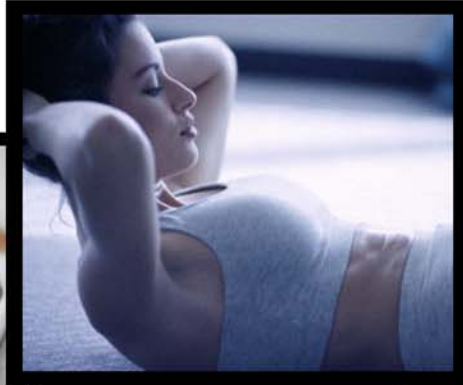


PERSONAL TRAINING MEMBERSHIP



<u>COMMITMENT</u>	<u>SESSIONS/MONTH</u>	<u>PRICE</u>
6 Months	1-4	\$ 54 Each Session
12 Months	1-4	\$ 49 Each Session
6 Months	5 +	\$ 49 Each Session
12 Months	5 +	\$ 44 Each Session

Master Trainer: Add \$10

Cancellations for training must be given 24 hours in advance or session will be deducted from monthly total

Sessions Do Not Carry Over To The Next Month

The New
Spa 23
Health & Racquet Club

381 Route 23 Pompton Plains, NJ 07444 (973) 839-8823