

Academy Of Martial Arts at Spa 23

Class Schedule effective January 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<u>Belts- in order</u>
	<u>4:15</u> Dragons W & All Stripes		<u>4:15</u> Dragons W & All Stripes	<u>4:15</u> Dragons & Kids White & All Stripes	<u>10:00AM</u> Dragons W & All Stripes	W - White BS - Blue Stripe RS - Red Stripe
<u>5:00</u> Kids W & All Stripes	<u>5:00</u> Kids Yellow & Orange	<u>5:00</u> Kids W & All Stripes	<u>5:00</u> Kids Green - Blue	<u>5:00 - 5:45</u> Kids Yellow - Black	<u>10:45AM</u> Kids White - Yellow	YS - Yellow Stripe Y - Yellow O - Orange
<u>5:45</u> Kids Yellow - Orange	<u>5:45</u> Kids W & All Stripes	<u>5:45</u> Kids Yellow - Orange	<u>5:45</u> Kids Purple - Black	<u>6:00</u> Testing	<u>11:30AM</u> Kids Orange - Black	G - Green B - Blue P - Purple
<u>6:30</u> Kids Green - Black	<u>6:30</u> Kids Green - Black	<u>6:30</u> Sparring - Level 2 Green - Black	<u>6:30</u> Sparring - Level 1 Yellow & Orange		<u>12:15 - 1:15</u> Adults & Teens All belts	R - Red BR - Brown Jr. Black
<u>7:30 - 8:30</u> Adults & Teens All Belts		<u>7:30 - 8:30</u> Adults & Teens All Belts				BLK - Black "Str" - BS RS & YS

Arrive 10 Minutes early to class

Please wear full uniform to class