

# Academy Of Martial Arts at Spa 23

## Class Schedule effective December 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<u>Belts- in order</u>
	<b>4:15</b> Dragons W & All Stripes		<b>4:15</b> Dragons W & All Stripes	<b>4:15</b> Dragons & Kids White & All Stripes	<b>10:00AM</b> Dragons W & All Stripes	<b>W</b> - White <b>BS</b> - Blue Stripe <b>RS</b> - Red Stripe
<b>5:00</b> Kids W & All Stripes	<b>5:00</b> Kids Yellow & Orange	<b>5:00</b> Kids W & All Stripes	<b>5:00</b> Kids Green - Blue	<b>5:00 - 5:45</b> Kids Yellow - Black	<b>10:45AM</b> Kids White - Yellow	<b>YS</b> - Yellow Stripe <b>Y</b> - Yellow <b>O</b> - Orange
<b>5:45</b> Kids Yellow - Orange	<b>5:45</b> Kids W & All Stripes	<b>5:45</b> Kids Yellow - Orange	<b>5:45</b> Kids Purple - Black	<b>6:00</b> Testing	<b>11:30AM</b> Kids Orange - Black	<b>G</b> - Green <b>B</b> - Blue <b>P</b> - Purple
<b>6:30</b> Kids Green - Black	<b>6:30</b> Kids Green - Black	<b>6:30</b> Sparring - Level 2 Green - Black	<b>6:30</b> Sparring - Level 1 Yellow & Orange		<b>12:15 - 1:15</b> Adults & Teens All belts	<b>R</b> - Red <b>BR</b> - Brown <b>Jr. Black</b>
<b>7:30 - 8:30</b> Adults & Teens All Belts		<b>7:30 - 8:30</b> Adults & Teens All Belts				<b>BLK</b> - Black <b>"Str"</b> - <b>BS</b> <b>RS &amp; YS</b>

\*Arrive 10 Minutes early to class\*

\*Please wear full uniform to class\*