



AN EXCITING 45 MINUTE Group WORKOUT!!



GRAVITY® is a 45 minute group workout that will change your body. This is a multi-plane angular resistance workout and promotes weight-loss, strength, endurance, flexibility and it's for all fitness levels. You will feel the difference in your body after one workout. It's safe, effective and time efficient. It's a workout that will define and strengthen your body and you will achieve the results you have been looking for. GRAVITY® will give you abdominal strength and definition.

1 SESSION	\$25.00 each
6 SESSIONS	\$18.00 each
12 SESSIONS	\$16.50 each
24 SESSIONS	\$12.00 each



ALL sessions must be used within 90 days of purchase. If you reserve a GRAVITY unit you must cancel no less than 24 hours in advance or you will be charged.