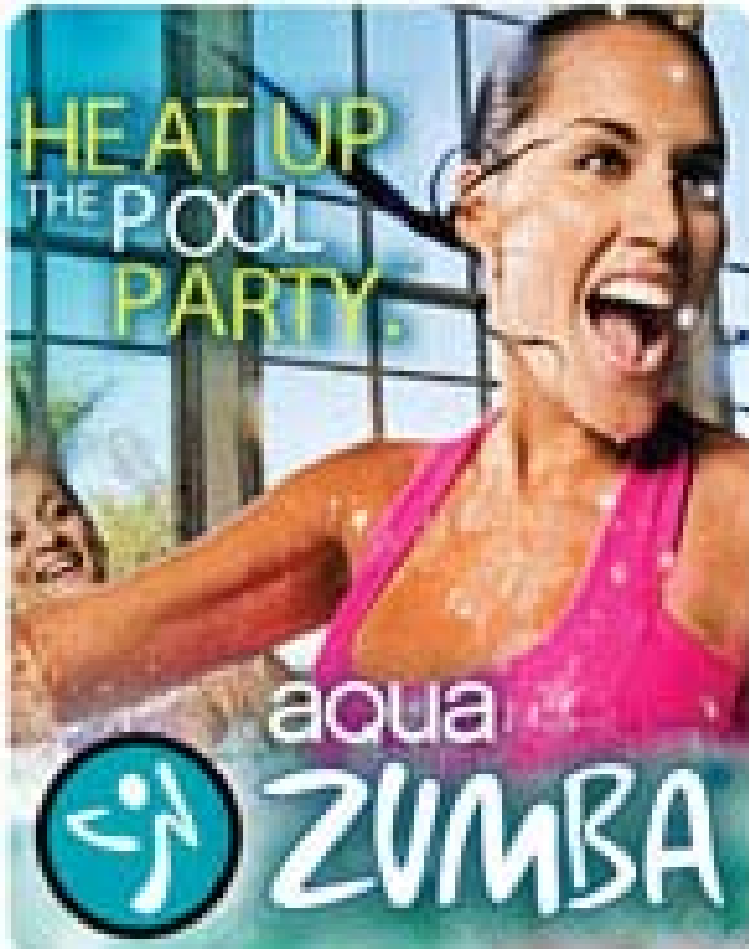


8 week Session

Choose Tuesday Evenings or Thursday mornings

Aqua Zumba®

\$79



Jump into the Latin-inspired, easy-to-follow, calorie-burning, dance fitness party™ that makes working out a splash!

Join us for this safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

Tuesdays 7:30-8:15pm begins 1/17
Thursday 11:15-12:00noon begins 1/19
Meets once a week for 8 weeks

Price: Members FREE
Non-members: only \$79 for 8 sessions
Can't make all 8 sessions then take a class as you can: Drop in Fee \$12
Instructor: Maryann King

Spa 23
Health & Racquet Club

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